

# FRESH FORK MARKET

Summer Share 2018: Week 14

*Just Like the Weather, Bag Contents Subject to Change*

<u>Mini</u>	<u>Small Omnivore</u>	<u>Large Omnivore</u>	<u>Small Vegetarian</u>	<u>Large Vegetarian</u>	<u>Vegan</u>
Sweet corn - 4 ears	Sweet corn - 4 ears	Sweet corn - 4 ears	Sweet corn - 4 ears	Sweet corn - 4 ears	Sweet corn - 4 ears
Spaghetti Squash - 1	Spaghetti Squash - 1	Spaghetti Squash - 1	Spaghetti Squash - 1	Spaghetti Squash - 1	Spaghetti Squash - 1
Roma Tomatoes - 3#	Roma Tomatoes - 3#	Roma Tomatoes - 3#	Roma Tomatoes - 3#	Roma Tomatoes - 3#	Roma Tomatoes - 3#
Green Peppers - 2	Green Peppers - 2	Green Peppers - 2	Green Peppers - 2	Green Peppers - 2	Green Peppers - 2
Zucchini- 2	Zucchini- 2	Zucchini- 2	Zucchini- 2	Zucchini- 2	Zucchini- 2
	Eggplant - 1 to 2	Eggplant - 1 to 2	Eggplant - 1 to 2	Eggplant - 1 to 2	Eggplant - 1 to 2
	Summer Squash - 2	Summer Squash - 2	Summer Squash - 2	Summer Squash - 2	Summer Squash - 2
	Pizza Dough - 2 balls	Pizza Dough - 2 balls	Pizza Dough - 2 balls	Pizza Dough - 2 balls	Pizza Dough**- 2 balls
	Flat Rock Cheese	Flat Rock Cheese	Flat Rock Cheese	Flat Rock Cheese	Beets - 1 bunch
	Bulk Italian Sausage - 1#	Bulk Italian Sausage - 1#	Apples - 5 to 6	Apples - 5 to 6	Apples - 5 to 6
		Peaches - 4 to 5	Peaches - 4 to 5	Peaches - 4 to 5	Peaches - 4 to 5
		Kraut Stuffed Peppers - 1 qt		Kraut Stuffed Peppers - 1 qt	Carrots - 1 bunch
		Ribs or Tenderloin		Tomato Sauce - 1 pt	** pizza dough contains gluten & honey
				Cornmeal - 2#	

