

# FRESH FORK MARKET

Summer Share 2018: Week 16

*Just Like the Weather, Bag Contents Subject to Change*

<u>Mini</u>	<u>Small Omnivore</u>	<u>Large Omnivore</u>	<u>Small Vegetarian</u>	<u>Large Vegetarian</u>	<u>Vegan</u>
Green Cabbage	Green Cabbage	Green Cabbage	Green Cabbage	Green Cabbage	Green Cabbage
Concord Grapes - 1 qt	Concord Grapes - 1 qt	Concord Grapes - 1 qt	Concord Grapes - 1 qt	Concord Grapes - 1 qt	Concord Grapes - 1 qt
Carrots - 1 bunch	Carrots - 1 bunch	Carrots - 1 bunch	Carrots - 1 bunch	Carrots - 1 bunch	Carrots - 1 bunch
Plums - 1#	Plums - 1#	Plums - 1#	Plums - 1#	Plums - 1#	Plums - 1#
Green Beans - 1#	Green Beans - 1#	Green Beans - 1#	Green Beans - 1#	Green Beans - 1#	Green Beans - 1#
	Lettuce	Lettuce	Lettuce	Lettuce	Lettuce
	Onion	Onion	Onion	Onion	Onion
	Garlic	Garlic	Garlic	Garlic	Garlic
	Ground Beef - 1 #	Ground Beef - 1 #	Spinach - 8 oz.	Spinach - 8 oz.	Spinach - 8 oz.
		Sweet Red Peppers - 2	Sweet Red Peppers - 2	Sweet Red Peppers - 2	Sweet Red Peppers - 2
		Cauliflower - 1	Cauliflower - 1	Cauliflower - 1	Cauliflower - 1
		Apples - 6		Apples - 6	
		Green Onion Brats		Bartlett Pears - 6	
				Ohio City Pasta - 1#	
				Sunflower Oil	

