



FRESH FORK MARKET
Winter Share 2018/19: Week 4
CARNIVORE SHARES

	A	B	C	D	E
Beef	Braising Cut	Roast	Braising Cut	Roast	Roast
Pork/Misc	Ribs	Pork Chops	Sirloin Roast	Pork Chops	Rump Roast
Processed	Ham Hock	Ham Hock	Ham Hock	Ham Hock	Ham Hock
Poultry	Poultry Stock	Duck	Chicken Sausage	Chicken Sausage	Poultry Stock
Extra	Rich Winter Stock	Bologna	Lard	Eggs	Milk