



FRESH FORK MARKET

Winter Share 2018/19: Week 4

*Just Like the Weather, Bag Contents Subject to Change*

OMNIVORE

Pork Roast

Green Cabbage

Onion

Brussels Sprouts

Yukon Gold Potatoes-3#

Celeriac

Pears

Frozen Blueberries-1 pint

Frozen Corn-1 pint

Frozen Green Beans-  
1 pint

Grape Cider-1 quart

VEGETARIAN

Butter-2#

Green Cabbage

Onion

Brussels Sprouts

Yukon Gold Potatoes-3#

Celeriac

Pears

Frozen Blueberries-1 pint

Frozen Corn-1 pint

Frozen Green Beans-  
1 pint

Grape Cider-1 quart

Eggs-1 dozen