



# FRESH FORK MARKET

Winter Share 2018/19: Week 9

*Just Like the Weather, Bag Contents Subject to Change*

## OMNIVORE

Kennebec Potatoes  
Frozen Corn- 1 pint  
Frozen Tomatoes- 1 pint  
Braised Greens- 1 pint  
Onion  
Dried Beans- 1 lb  
Butternut Sage Linguine  
Lettuce  
Andouille Sausage  
Chicken Thighs or  
Drumsticks

## VEGETARIAN

Kennebec Potatoes  
Frozen Corn- 1 pint  
Frozen Tomatoes- 1 pint  
Braised Greens- 1 pint  
Onion  
Dried Beans- 1 lb  
Butternut Sage Linguine  
Lettuce  
Frozen Blackberries  
Tomato Sauce- 1 pint  
Frozen Strawberries  
Candied Jalapenos-1 pint