



FRESH FORK MARKET

Winter Share 2019/20: Week 3

Just Like the Weather, Bag Contents Subject to Change

OMNIVORE

Pizza Dough
Tomato Sauce
Mozzarella Cheese
Red Onion
Green Cabbage
Broccoli
Pie Pumpkin
Spinach
Apples
Grape Cider
Chicken Italian Links

VEGETARIAN

Pizza Dough
Tomato Sauce
Mozzarella Cheese
Red Onion
Green Cabbage
Broccoli
Pie Pumpkin
Spinach
Apples
Grape Cider
Bok Choy
Acorn Squash