



FRESH FORK MARKET

Winter Share 2019/20: Week 9

Just Like the Weather, Bag Contents Subject to Change

OMNIVORE

Red and Gold Beets
Lettuce
Carrots
Sweet potatoes
Onion
Sweet corn(pint)
Frozen Berries(pint)
Eggs
Breakfast Patties
Pork Chops

VEGETARIAN

Red and Gold Beets
Lettuce
Carrots
Sweet potatoes
Onion
Sweet corn(pint)
Frozen Berries(pint)
Eggs
Apples
Tofu
Canned Peaches