

# FRESH FORK MARKET

Summer Share 2019: Week 1

*Just Like the Weather, Bag Contents Subject to Change*

## Mini

Asparagus - 1#  
Kale - 1 bunch  
Lettuce - 1 head  
Radishes  
Cauliflower-1 head

## Small Omnivore

Asparagus - 1#  
Kale - 1 bunch  
Lettuce - 1 head  
Radishes  
Cauliflower-1 head

## Large Omnivore

Asparagus - 1#  
Kale - 1 bunch  
Lettuce - 1 head  
Radishes  
Cauliflower-1 head

## Vegetarian

Asparagus - 1#  
Kale - 1 bunch  
Lettuce - 1 head  
Radishes  
Cauliflower-1 head

## Large Vegetarian

Asparagus - 1#  
Kale - 1 bunch  
Lettuce - 1 head  
Radishes  
Cauliflower-1 head

## Vegan

Asparagus - 1#  
Kale - 1 bunch  
Lettuce - 1 head  
Radishes  
Cauliflower-1 head

---

Whole Chicken

Whole Chicken  
Pork Chops  
Spinach  
Rhubarb  
Garlic Scapes  
Applesauce

Strawberries  
Broccoli  
Feta  
Dozen Eggs

Strawberries  
Broccoli  
Feta  
Dozen Eggs  
Spinach  
Rhubarb  
Garlic Scapes  
Applesauce  
Ohio City Pasta

Strawberries  
Broccoli  
Applesauce  
Peas

