

# FRESH FORK MARKET

Summer Share 2019: Week 4

*Just Like the Weather, Bag Contents Subject to Change*

<u>Mini</u>	<u>Small Omnivore</u>	<u>Large Omnivore</u>	<u>Vegetarian</u>	<u>Large Vegetarian</u>	<u>Vegan</u>
Cabbage	Cabbage	Cabbage	Cabbage	Cabbage	Cabbage
Zucchini/	Zucchini/ Summer	Zucchini/ Summer	Zucchini/ Summer	Zucchini/ Summer	Zucchini/
Summer Squash	Squash	Squash	Squash	Squash	Summer Squash
Cucumbers	Cucumbers	Cucumbers	Cucumbers	Cucumbers	Cucumbers
Bunching Onions	Bunching Onions	Bunching Onions	Bunching Onions	Bunching Onions	Bunching Onions
Broccoli	Broccoli	Broccoli	Broccoli	Broccoli	Broccoli
	Ground Beef	Ground Beef	Beets	Beets	Beets
	Italian Sausage Links	Italian Sausage Links	Peas	Peas	Peas
		Peas	Cauliflower	Cauliflower	Cauliflower
		Shagbark Chips		Shagbark Chips	
		WVF Salsa		WVF Salsa	
		Middlefield Cheese		Middlefield Cheese	

